

THE GOOD NEIGHBOR PROJECT



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Checking in on each other | Connecting Neighbors with help | Building resilient rural communities

It's the rural Colorado way to help one another. Whether it's giving your neighbors a meal after they bring home their first newborn or lending some tools so they can fix their broken farm equipment. We come together when someone needs that extra support. Check on your neighbor. **Pass it on.**



Colorado Agricultural
Addiction and Mental
Health Program

You don't have to be in
crisis to reach out for help.
Sometimes you just need someone to
talk to and these programs are safe
and accessible. Use the QR below for
more info.



844-493-TALK (8255)

OR TEXT TALK TO 38255

Whatever you're going
through,
We'll help you through it.

